

**ALL ITEMS SHOULD BE CLEARLY MARKED WITH CHILD'S NAME OR SYMBOL**

### Camp "Gear" Checklist

Here is a list of gear needed for all ERS children EVERYDAY:

- Nap Mats – **Required for all children, even if they don't usually sleep.**
- Backpack Water Bottle with sport cap
- Crocs
- Wet bag (OR large slider Ziploc)
- Dry bag (OR large slider Ziploc) filled with a complete change of clothes (2 changes for Acorns)
  - Socks (2-3 pair)
  - Shirt
  - Pants
  - Underwear (2-3 pair)
- Appropriate "outer" clothing and footwear for the season (in addition to the above)
  - Sunhat
  - Crocs (or like shoes that are quick drying and easy for your child to take on and off on their own)
  - Raincoat and rain pants OR rain-suit
  - Rain boots
- Chlorine/Character free pull-ups (for potty learners)



## Details & Helpful Hints about gear

### Nap Mats

- Families provide a rest mat that rolls up.
- The mats are stored at school during the week and are taken home for laundering on the last day your child attends each week or midweek if he or she had an accident during rest time.
- There are lots of options online, such as [http://www.amazon.com/s/ref=nb\\_sb\\_noss\\_2?url=search-alias%3Daps&field-keywords=roll+up+nap+mat](http://www.amazon.com/s/ref=nb_sb_noss_2?url=search-alias%3Daps&field-keywords=roll+up+nap+mat). Rest mats should be free of characters and other theme images, such as princesses, firemen, robots, etc. There are many options with a simple patterned fabric.
- Avoid flannel as it attracts dust and other debris.
- Measure your child's height to make sure the mat will be a comfortable size.



### Backpacks

- Please make packing and unpacking your child's backpack an important part of your child's daily routine; children should be in charge of their "pack."
- Backpacks need to be high quality packs intended for day hikes.
  - They must have chest and hip belts, with an external water bottle pocket, and a whistle.
  - They must be properly sized for your child. Measure the length of your child's back. This measurement should be within 1 inch of the length of the backpack you choose.
    - For the 18 month-5 year olds there is more flexibility with exact sizing.
  - While there are other appropriate brands, many of our families use REI packs (details below) come in 2 sizes that will fit most ERS children and fulfill all of our pack requirements.
    - Very petite children may need to look for another product.
    - Factor in your best guess about how your child will grow, when trying to choose the best size so they can use the pack for several years.
    - Also, please remember NO MEDIA CHARACTERS on any packs.
  - Backpacks will come to school and go home every day with a fresh change of clothes (or 2) each day.
  - Specifics on the REI backpacks
    - Children 8 and under: <https://www.rei.com/product/870883/rei-sprig-12-pack-kids> Dimensions: 13 x 7 x 6.25 inches.



- Children over 8 yrs old: <https://www.rei.com/product/870884/rei-tarn-18-pack-kids> Dimensions: 15.5 x 9 x 6 inches

### Water Bottles

- Solid color, stainless steel water bottles are required (Klean Kanteen type)
- Please mark the water bottle with your child's name.
  - All Acorn and PreK must have a 12 oz bottle with a sports top.
  - Children K and up should have a 12 oz or larger bottle with a sports top.
- Water bottles will go home and be refilled every day.
- Parents/children are in charge of regular washing of Kanteens.
- Examples online:
  - Kanteen:
    - *Small:*



<http://www.kleankanteen.com/collections/bottles/products/kid-kanteen-12oz?variant=1631488195>

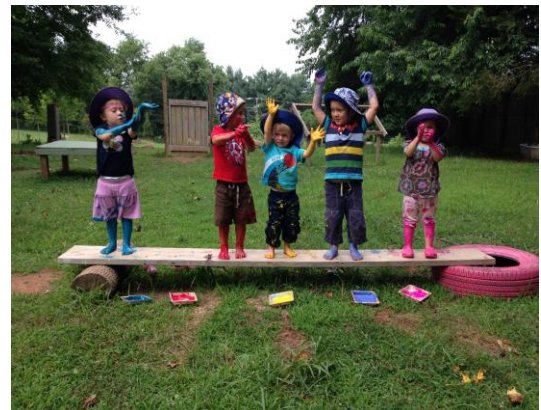
- *Large:* <http://www.kleankanteen.com/collections/bottles/products/single-wall-classic-18oz?variant=1604598851>
- Sport Cap: [http://www.amazon.com/Klean-Kanteen-Kids-Sport-Green/dp/B0083F0TQ4/ref=sr\\_1\\_1?ie=UTF8&qid=1460051411&sr=8-1&keywords=Klean+Kanteen+sport+top](http://www.amazon.com/Klean-Kanteen-Kids-Sport-Green/dp/B0083F0TQ4/ref=sr_1_1?ie=UTF8&qid=1460051411&sr=8-1&keywords=Klean+Kanteen+sport+top)

### Wet Dry Packs

- For this you can use a product like [http://www.planetwiseinc.com/Planet\\_Wise\\_WetDry\\_Bag\\_43\\_cat.html](http://www.planetwiseinc.com/Planet_Wise_WetDry_Bag_43_cat.html)
- Or you can use two one-gallon Ziplock Slider Storage Bags, one marked clean and one marked wet/dirty with your child's name. (We don't recommend the pinch-to-close bags since they are harder for children to seal.)

### Sun Hats

- Children are required daily to wear a wide brimmed sunhat that covers the neck (hats are worn all the time, even on cloudy days).
- [http://www.amazon.com/Sunday-Afternoons-Play-Youth-Royal/dp/B0106IL2FC/ref=sr\\_1\\_4?ie=UTF8&qid=1460082099&sr=8-4&keywords=sunday+afternoon+sun+hat](http://www.amazon.com/Sunday-Afternoons-Play-Youth-Royal/dp/B0106IL2FC/ref=sr_1_4?ie=UTF8&qid=1460082099&sr=8-4&keywords=sunday+afternoon+sun+hat)



### Rain coat

- Please follow the guidelines below as closely as possible. The perfect raincoat is vital part of your child's comfort and safety.
- Pay close attention to the requirement for oversized fit.

### THE PERFECT ERS RAINCOAT

Allows the child to work in torrential downpours and stay reasonable dry from the knees up.

- WATER BARRIER - Raincoat must be a raincoat and not a windbreaker. Windbreakers absorb water; raincoats act as a barrier.
- ZIPPER - Must have a working zipper closure.
- UNLINED - Thinner raincoats can be worn in all temps and over coats in cooler temperatures.
- OVERSIZED - Oversized raincoats allow for multiple layers and coverage of legs when rain pants are not present.
- A GOOD FIT
  - Hood comes well forward of forehead.
  - Sleeves cover fingers when arms are down; hands stay dry. Can be rolled, hemmed, or cut if too long.
  - Bottom of raincoat comes to AT LEAST the knees. Knee to ankle length best. Does not have cinched bottom.



### Potty Learning Children

- Training pants are required for all children who are still potty learning (Please do not bring any diapers). If your child wears training pants, please bring chlorine-free training pants on the first day of attendance. We will notify your family if and when we need more.
- [http://www.amazon.com/Seventh-Generation-Training-Pants-Count/dp/B006HT2T5M/ref=sr\\_1\\_2?ie=UTF8&qid=1406691992&sr=8-2&keywords=pull+ups+organic+chlorine+free](http://www.amazon.com/Seventh-Generation-Training-Pants-Count/dp/B006HT2T5M/ref=sr_1_2?ie=UTF8&qid=1406691992&sr=8-2&keywords=pull+ups+organic+chlorine+free)